Installation Instructions for Set # 16-3105

1. Properly support the vehicle on the frame. Remove the upper control arm and pivot bushing assembly from the vehicle. Unbolt the upper control arm from the pivot bushing assembly (see diagram).

2. Remove the rubber bushing and shells from the upper pivot bushing assembly. A hydraulic press will be needed. Grease all sides of the bushing that contact metal. Press in the Energy Suspension bushing. Note: On the upper control arm, the bushings have a part number engraved in them. The engraved side on each bushing must be facing each other. (see diagram).

3. Reassemble and reinstall the upper control arm assembly onto the vehicle.

4. Remove the rubber bushing and shell (front position) from the control arm. Unbolt the rear mount from the control arm. Press out the rubber bushing and sleeve from the mount.

5. Grease the I.D. of the lower control arm (where the shell was) and the rear mount. Grease all sides of the bushing that will contact metal.

6. Install the bushings. The rear mount bushing needs to be installed so that the part number engraved on the bushing is facing towards the front of the vehicle. See diagram. Grease the sleeve and install the sleeve.

7. Reassemble the control arm onto the vehicle. Tighten all fasteners to factory specs.

8. Realign vehicle.

Other Energy Suspension Sets Available for this vehicle:
- 16-3104 Rear end control arm set (lower only)
- 16-8102 Front shock bushing set
- 16-8103 Rear shock bushing set
- 16-13101 Balljoint boot set
- 9-13103 Tie-rod boots
- 16-1102 Manual trans. shifter stabilizer
- 16-10102 Steering rack bushing
- 16-3109 Rear lower control arm set (Acura Only)
- 16-1101 Manual trans shifter stabilizer (Acura only)

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